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Plastic Surgery

Skin Typing

Patient Name: \_\_\_\_\_ Technician: \_\_\_\_\_ Date: \_\_\_\_\_

Please answer the following questions by circling the number which best describes you. Your clinician will total the score during the consultation.

- My ethnic origin is closest to:** (Check one)
- I. Very fair (Celtic and Scandinavian)
  - II. Fair-skinned Caucasians with light hair and light eyes
  - III. Pale-skinned Caucasians with dark hair and dark eyes
  - IV. Olive-skinned (Mediterranean, some Asian, some Hispanic)
  - V. Dark-skinned (Middle Eastern, Hispanic, Asians, some Africans)
  - VI. Very dark-skinned (African)

- My eye color is:**
- Light blue  0
  - Blue/green  1
  - Green/gray/golden  2
  - Hazel/light brown  3
  - Brown  4

- My natural hair color at age 18 was:**
- Red  0
  - Blonde  1
  - Light brown  2
  - Dark brown  3
  - Black  4

- The color of my skin that is not normally exposed to sun is:**
- Pink to reddish  0
  - Very pale  1
  - Pale with a beige tint  2
  - Light brown  3
  - Medium to dark brown  4
  - Dark brown-black  6

- If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:**
- Burn, blister and peel  0
  - Burn, then when burn resolves there is little or no color change  1
  - Burn, then turns to tan in a few days  2
  - Get pink, then turns to tan quickly  3
  - Just tan  4
  - Justs gets darker  5
  - My skin color is so dark I can't tell  6

- When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?**
- Longer than one month ago  0
  - Within the past month  1
  - Within the past two weeks  3
  - Within the past week  4

**TOTAL SCORE:** \_\_\_\_\_

If you score is:	Your skin type is:	Notes:
0-3	I	
4-7	II	
8-11	III	
12-15	IV	
16-19	V	
20-24	VI	